

100 The Pallet Network  
Northwest Business Park  
Blanchardstown  
Dublin 15

D15 PAA6

Contact: Aurora Drake  
Principal: Seamus McGowan  
Land Line: 8248300  
Fax: 353-1-8218600  
GSM Phone 0866015797  
Web: www.tpn.ie

E-Mail : tpnoperations@tpn.ie

Area: Ireland

Post Code TPNI Hub

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101 AM Transport  
Unit 21  
Port of Larne Bus. Pk  
Redlands Crescent  
Larne, BT40 1AX  
BT40 1AX

Contact: Diane / Angela  
Principal: Damien Maguire  
Land Line: 04828 262190  
Fax: 04828 262199  
GSM Phone +44 7860133991  
Web: www.amnexusday.com

E-Mail : operations@amnexusday.com

Area: Antrim, Derry, North Down

Post Code BT1-23, 27-29,36-58

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102 Independent Express Cargo  
Northwest Business Park  
Blanchardstown  
Dublin 15  
DNO  
D15 PAA6

Contact: Owen / Hugh  
Principal: Seamus McGowan  
Land Line: 8219999  
Fax: 01 8212433  
GSM Phone  
Web: www.indexp.com

E-Mail : National@indexp.com

Area: Dublin North, Dublin South East, Dublin South West

Post Code DNO, DSE and DSW

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103 Tuckmill Transport  
Unit 5 Killcannon Ind & Retail  
Old Dublin Rd  
Enniscorthy  
Co Wexford  
Y21 A2W9

Contact: Hazel / Laura  
Principal: Brendan Morgan  
Land Line: 053 9232548  
Fax: 053 9239567  
GSM Phone 087 6645827 / 087 1375825  
Web: www.Tuckmill.ie

E-Mail : transport@tuckmill.ie

Area: Wexford, South Wicklow

Post Code WX, WWS

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105 Store-All  
4th Floor Marine Point  
Belview Port  
Waterford  
X91 W0XW

Contact: Brian / Eddie  
Principal: Liam Dalton  
Land Line: 353 51 831210  
Fax: 353 51 831 261  
GSM Phone 353 87 675 6929  
Web: www.store-all.ie

E-Mail : transportplanner@store-all.ie

Area: Waterford

Post Code WT

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107 ACCH Ltd  
T/A South East Freight  
Augha  
Bagenalstown  
Co Carlow  
R21 HP60

Contact: Anne Haskins  
Principal: Andy Cowman  
Land Line: 087 7920000  
Fax: 0599146592  
GSM Phone 087 2387000  
Web:

E-Mail : [info@southeastfreight.ie](mailto:info@southeastfreight.ie)

Area: Carlow Kilkenny

Post Code CL KK

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108 Langan Couriers  
Oranmore Business Park  
Oranmore  
Co. Galway  
H91 YA7D

Contact: Gearoid  
Principal: John McGann  
Land Line: 091 790009  
Fax: 091 790019  
GSM Phone 086 1624021  
Web: [www.langancouriers.com](http://www.langancouriers.com)

E-Mail : [gabriel@langancouriers.com](mailto:gabriel@langancouriers.com)

Area: Galway West and East

Post Code GWW & GWE

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110 IEC T/A TPN Ireland  
Unit 2 & 3  
Sarsfield Court Ind Est  
Glanmire  
Cork  
CKE

Contact: Tracy  
Principal: Dinny Creed  
Land Line: 021 242 8860  
Fax: 021 484 4481  
GSM Phone 085 759 4537  
Web:

E-Mail : [TPNCork@tpn.ie](mailto:TPNCork@tpn.ie)

Area: Cork Central and North

Post Code CKC & CKN

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111 Abhann Logistics  
Amhann Rd  
Raheen Ind Est  
Raheen  
Limerick  
V94 E4XK

Contact: Amanda  
Principal: Mike Hogan  
Land Line: 061 309026  
Fax: 061309023  
GSM Phone 087 254 3270  
Web: [www.abhannlogistics.com](http://www.abhannlogistics.com)

E-Mail : [Amanda@abhannlogistics.com](mailto:Amanda@abhannlogistics.com), [Sandra@abhannlogistics](mailto:Sandra@abhannlogistics)

Area: Limerick

Post Code LK

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112 Breffni Couriers  
Unit 9 Tenure Business Park  
Tenure  
Monasterboice  
Drogheda, Co Louth  
A92 XP70

Contact: Ryan / Shane  
Principal: Brian O'Reilly  
Land Line: 041 6863350  
Fax: 041 6861781  
GSM Phone 086 2557527  
Web: [www.BreffniCouriers.ie](http://www.BreffniCouriers.ie)

E-Mail : [info@breffnicouriers.ie](mailto:info@breffnicouriers.ie)

Area: Cavan, Monaghan, Louth, Meath

Post Code CN, LH, MH, MN

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113 Hyland Express Cargo                      Contact:    Geraldine / Rayna  
Birchwood    Principal:   Ger Hyland  
Rosenallis    Land Line:  057 8628541  
Co. Laois    Fax:            057 8628796  
LO    GSM Phone  086 2572439/087 1248195  
R32 H275    Web:            www.hylandtransport.com

E-Mail :    info@hylandtransport.com

Area:        Laois, Offaly, North Tipperary

Post Code  LO, OY, TNN

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114 Liam Connolly (Road Freight)            Contact:    Andrew / Darren  
310 Gola Road                                        Principal:   Liam Connolly  
Attybarn    Land Line:  048 67722998  
Lisnaskea    Fax:            048 67722290  
Co Fermanagh                                        GSM Phone  0044 7739949555 / 550  
BT92 0FE    Web:            www.liamconnolly.co.uk

E-Mail :    andrew@liamconnolly.co.uk /sean@liamconnolly.co.uk

Area:        Fermanagh, Tyrone

Post Code  BT68 - 94

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115 Transbound Ltd                                Contact:    Ann  
Station House                                        Principal:   Bunny / Finbar  
Upton    Land Line:  021 4776220  
Co Cork     Fax:            021 4776220  
    GSM Phone  087 2073447  
CKW    Web:

E-Mail :    Transbound@eircom.net

Area:        West Cork

Post Code  CKW

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116 East West Express                          Contact:    Claire / Aine / Marian  
Lowpark    Principal:   James Marren  
Charlestown                                         Land Line:  094 9254502  
    Fax:            094 9254970  
Co. Mayo    GSM Phone  087 2556446  
F12 E3P2    Web:            WWW.EastWestExpressIrl.com

E-Mail :    EastWestExpress@Eircom.net

Area:        Mayo, North Roscommon

Post Code  MO RNN

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118 Deering Transport                          Contact:    Ann / Pauline  
Kildoon    Principal:   David  
Nurney     Land Line:  045 526743  
Co Kildare    Fax:            045 526764  
KE    GSM Phone  086 8051381/ 086 2561826  
R51 HT93    Web:            www.deeringtransport.ie

E-Mail :    info@deeringtransport.ie

Area:        Kildare, North West Wicklow

Post Code  KE WWW

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120 TLS Ireland Ltd  
Unit 7-10 Erne Side Business  
Pontnason  
Ballyshannon  
Co Donegal  
DO

Contact: Caroline  
Principal: Jason Taylor  
Land Line: 074 9175200  
Fax: 074 9190186  
GSM Phone 086 8197264/086 4109139  
Web:

E-Mail : TLSCaroline1@gmail.com

Area: Donegal

Post Code DO

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122 Atlas Logistics  
Atlas House  
Finisklin Ind Est  
Sligo  
F91 EHK8

Contact: Niall  
Principal: Rod Cawley  
Land Line: 071 9154335  
Fax: 071 9154345  
GSM Phone 086 6054040  
Web:

E-Mail : atlaslogisticssligo@gmail.com

Area: Sligo and Litrim

Post Code SI LMN & LMS

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127 K&L Deliveries  
Mountleader Ind Est  
Millstreet  
Co Cork  
P51 X683

Contact: Breda  
Principal: Gordon O'Keeffe  
Land Line: 029 70163  
Fax: 02970451  
GSM Phone 087 2546066  
Web: www.KandL.ie

E-Mail : Cargo@kandl.ie

Area: Kerry and Cork NorthWest

Post Code KR and CKNW

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129 Allen Logistics (NI) Ltd  
64A Old Kilmore Rd  
Moirra  
BT67 0LZ

Contact: Dean  
Principal: James Allen  
Land Line: 04892 611520  
Fax: 04892 612673  
GSM Phone 0044 7740 393 854  
Web: www.allenlogistics.com

E-Mail : Traffic@AllenLogistics.com

Area: Armagh, South Down

Post Code BT24 - 26, 30-35, 60-67, D129

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130 Eoin Gavin Transport  
Woodpark  
Buratty  
Co Clare  
V95 ND37

Contact: Mary  
Principal: Eoin Gavin  
Land Line: 353 61 713486  
Fax: 353 61 713485  
GSM Phone 086 816 1420  
Web: www.EoinGavinTransport.com

E-Mail : Mary@eoingavintransport.com

Area: Clare

Post Code CE

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131 Quinn Transport  
Blyry Ind Est  
Athlone  
Co. Westmeath

N37 K376

Contact: Mark / Barry  
Principal: Tony Quinn  
Land Line: + 353 9064 78862  
Fax: 0906472499  
GSM Phone 087 648 7887  
Web:

E-Mail : [info@quinntransport.ie](mailto:info@quinntransport.ie)

Area: Westmeath, Longford, South Roscommon

Post Code WH LF & RNS

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136 Fermoy Transport Services  
Unit 03 - 04 Building H  
Mitchelstown Business Park  
Old Dublin Road  
Mitchelstown Co Cork  
CKE

Contact: Michelle / Amanda  
Principal: Fror O'Dwyer  
Land Line: +353 2524659  
Fax: +353 52 7442447  
GSM Phone +353 2524659  
Web: [FTSLogistics.ie](http://FTSLogistics.ie)

E-Mail : [info@FTSLogistics.ie](mailto:info@FTSLogistics.ie)

Area: South Tipperary and East Cork

Post Code CKE & TSO

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137 Transend Logistics Ltd  
Sword Business Park  
Swords  
Co Dublin

Contact: Berni O'Reilly  
Principal: Ciaran Tracey  
Land Line: +353 1 8957474  
Fax: +353 1 8165796  
GSM Phone +353 87 2939766  
Web: [www.transend.ie](http://www.transend.ie)

E-Mail : [operations@transend.ie](mailto:operations@transend.ie)

Area: North East Wicklow

Post Code WWE

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